

Name and Surname: \_\_\_\_\_

Date of birth: \_\_\_\_\_

	NO	YES, A LITTLE	YES, QUITE A LOT	YES, A LOT
1. Do you ever use earplugs or earmuffs to reduce your noise perception? (Do NOT consider the use of hearing protection during abnormally high noise exposure situations)?				
2. Do you find it harder to ignore sounds around you in everyday situations?				
3. Do you have trouble reading in a noisy or loud environment?				
4. Do you have trouble concentrating in noisy situations?				
5. Do you have difficulty listening to conversations in noisy places?				
6. Has anyone ever told you that you tolerate noise or certain kinds of sound badly?				
7. Are you particularly sensitive to or bothered by street noise?				
8. Do you find the noise unpleasant in certain social situations (e.g. night clubs, pubs or bars, concerts, firework displays, cocktail receptions)?				
9. When someone suggests doing something (going out, to the cinema, to a concert etc.), do you immediately think about the noise you are going to have to put up with?				
10. Do you ever turn down an invitation or not go out because of the noise you would have to face?				
11. Do noises or particular sounds bother you more in a quiet place than in a slightly noisy room?				
12. Do stress and tiredness reduce your ability to concentrate in noise towards the end of the day?				
13. Are you less able to concentrate in noise towards the end of the day?				
14. Do noise and certain sounds cause you stress and irritation?				

9 Solway Street  
Bellville  
7530  
(next to Mediclinic Louis Leipoldt)  
T 021 946 3620  
F 021 946 3626  
adminbellville@liezelkotze.co.za

Netcare Christiaan Barnard  
Memorial Hospital  
Suite 1412, DF Malan Street  
Foreshore, Cape Town, 8001  
T 021 418 3219  
F 021 418 3173  
adminchristiaanbarnard@liezelkotze.co.za

Netcare Kuils River Hospital  
Suite 401, Kuylen Chambers  
33 Van Riebeeck Road  
Kuils River, 7580  
T 021 900 6490  
F 021 900 6494  
adminkuilsriver@liezelkotze.co.za

Netcare Blaauwberg Hospital  
Suite A1-3, Waterville Crescent  
Sunningdale  
7441  
T 021 554 4275  
F 021 554 4297  
adminblaauwberg@liezelkotze.co.za